

Church Contact Details

METHODIST

Superintendent Minister: Rev David Milner

(day free of duties: Friday) 1 Lamley Gardens, Penrith CA11 9LR

☎ 07597 639314 ✉ dave@revmilner.plus.com



Lay Pastoral Worker: Dean Lawson Phone: 07897 736024

Email: laypastor@penrithmethodist.co.uk

Church Steward: Mr John de la Mare ☎ 07802 709320

🌐 www.eastofedenmc.org.uk 📘 facebook.com/alstonmoormethodistchurch

ROMAN CATHOLIC

Parish Priest: Fr John Winstanley *(usual day off: Monday)*

Deacons; Rev. Charlie Conner, Rev. David Greaves

St Catherine's Rectory, Drovers Lane, Penrith CA11 9EL

☎ 01768 862273 ✉ penrithrc@btinternet.com

Local Contact: Anne & Paul Parkin ☎ 01434 381704

🌐 www.stcatherinepenrith.org.uk



QUAKERS

Carol Graham ☎ 01388 517145 ✉ hillhouseeast@yahoo.co.uk

Antony Christie ☎ 01434 381633 ✉ antonychristie@aol.com

Kate Webb ☎ 01434 381562 ✉ kate.webb@yahoo.co.uk



CHURCH OF ENGLAND

Vicar: the Revd Mark Nash-Williams *(usual day off: Monday)*

The Parsonage, Brampton Road, Alston, Cumbria CA9 3AA

☎ 01434 382558 ✉ vicar@alstonmoorcofe.org.uk



Churchwardens:



Alston Andy Morsman 07375 905246

Garrigill Vacant – contact one of the other Wardens

Kirkhaugh Richard Graham 381367

Knaresdale Irene Boyles 381388 Carol Grieves 382472

Nenthead Madeleine Harris 382144 Simon Crossley 200241

Lambley Vacant – contact one of the other Wardens

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Methodist Services



All services at 11.00 am in St Wulstan's, unless otherwise stated.

4th Rev Mary Elliot

5 pm Pennine Praise at the Hive, Nenthead

11th No service at St Wulstan's. 11 am Ecumenical Christian Aid Service
at St Augustine's with Holy Communion

18th Rev Alex Dunstan

25th Janet Robinson

Quaker Meeting for Worship



Quaker Meeting for Worship continues to take place
every FOURTH SUNDAY of the month at 10.30am, throughout the year

And SECOND WEDNESDAY OF THE MONTH: 6.30 – 7.30pm
14th MAY, 11th JUNE, 9th JULY, 13th AUGUST, 10th SEPTEMBER

Everyone most warmly welcome to join us for an hour of silent,
reflective worship at these times.

Roman Catholic Mass



St Wulstan's, Kings Arms Lane, Alston, CA9 3JF
Mass every Saturday as usual at 6.00pm
with confessions available from 5.30pm

Ecumenical Service at Grisedale Croft

A relaxed, informal service, on Thursday 8th May 1.30 pm

Church of England services & events



Worship and Prayer in May

Sunday, 4th May (*1st Sunday in the month*):

9.30 am	Holy Communion (BCP)	Holy Paraclete, Kirkhaugh
11.00am	Sung Communion	St Augustine, Alston (& livestream)

Sunday, 11th May (*2nd Sunday in the month*):

9.30am	Morning Prayer	St John, Nenthead
11.00am	Christian Aid Service (HC)	St Augustine, Alston (& livestream)
3.00pm	Blessing of the Lambs	St Jude, Knaresdale

Sunday, 18th May (*3rd Sunday in the month*):

9.30am	Morning Prayer	St John, Nenthead
11.00am	Sung Communion	St Augustine, Alston (& livestream)
3.00pm	Blessing of Lambs or Communion (t.b.c.)	St John, Garrigill
6.00pm	Evensong (BCP)	Holy Paraclete, Kirkhaugh

Sunday, 25th May (*4th Sunday in the month*):

9.30am	Holy Communion	St John, Nenthead
11.00am	Prayer & Praise	St Augustine, Alston (& livestream)
3.00pm	'Taizé comes to Lambley'	Ss Mary & Patrick, Lambley

Thursday, 29th May (*Ascension Day*):

6.00pm	Holy Communion	St Augustine, Alston (& livestream)
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Regular Weekday services

Morning, Evening & Night Prayer (not 28th April – 9th May)

- Morning Prayer: Wed-Sat, 9am St Augustine's & on Zoom
- Evening Prayer: Wed, Thu & Sat, 5pm St Augustine's & on Zoom
Fridays, 6pm St John's, Nenthead
- Night Prayer: Fridays, 9pm Zoom

Informal Holy Communion

- Every Thursday, 12 noon Chat Room, Alston

Sunday services online

- Join us at 11am weekly on **Zoom** using the app – or, with an ordinary phone, dial 0203 051 2874. The **Meeting ID code** is **357 123 751**.
- Or find us on **YouTube** – youtube.com/@AlstonMoorParishChurches
- Download the orders of service from alstonmoorcofe.org.uk/worship and the notice sheet from alstonmoorcofe.org.uk/whatson

Prayer requests and virtual candles



If you would like someone to pray for or with you, phone Mark on 01434 382558 or email pray@alstonmoorcofe.org.uk

Light a candle at churchofengland.org/our-faith/light-candle or in any of our parish churches

Ways to support your parish churches financially

- ✓ Make a one-off donation at alstonmoorcofe.org.uk/donate
- ✓ Speak to a Churchwarden, a Treasurer or Mark about regular donations
- ✓ Join easyfundraising.org.uk and select your favourite church as your cause. *Thank you!*



May Dates for your Diary (subject to change)

Wed 14th, 7.30pm **Annual Meeting (APCM)** *Chat Room, Alston*
Sun 18th, 10am-3pm **Coffee Shop** *Garrigill VH*
Sat 31st, 10am **St Jude's Coffee Stop** *Knaresdale w Kirkhaugh VH*

The Chat Room

Bottom of Front Street, next to Mad Hatters. Open all year, for a safe space, a warm welcome, a cuppa and a chat. Whether you need a moment's break from the weather, or an hour of company and deeper conversation, the hosts are always pleased to see you.

Our Spring opening hours are Monday to Friday, 10-12.